The same can be said about a falling rock that comes to rest upon striking the ground. Before hitting the ground, all the kinetic energy of the rock could have been used to do useful work. But once the rock's mechanical kinetic energy becomes thermal energy, doing useful work is no longer possible.

Both these examples illustrate another important aspect of the second law of thermodynamics:

in any natural process, some energy becomes unavailable to do useful work.

In any process, no energy is ever lost (it is always conserved). Rather, energy becomes less useful—it can do less useful work. As time goes on, **energy is degraded**, in a sense; it goes from more orderly forms (such as mechanical) eventually to the least orderly form, internal, or thermal, energy. Entropy is a factor here because the amount of energy that becomes unavailable to do work is proportional to the change in entropy during any process.

A natural outcome of this degradation of energy is the prediction that as time goes on, the universe will approach a state of maximum disorder. Matter will become a uniform mixture, and heat will have flowed from high-temperature regions to low-temperature regions until the whole universe is at one temperature. No work can then be done. All the energy of the universe will have become degraded to thermal energy. All change will cease. This prediction, called the **heat death** of the universe, has been much discussed by philosophers. The tendency toward this final state would seem an inevitable consequence of the second law of thermodynamics, although it would lie very far in the future.

Energy degradation

"Heat death"

* 15-10 Evolution and Growth; "Time's Arrow"

An interesting example of the increase in entropy relates to biological evolution and to growth of organisms. Clearly, a human being is a highly ordered organism. The theory of evolution describes the process from the early macromolecules and simple forms of life to *Homo sapiens*, which is a process of increasing order. So, too, the development of an individual from a single cell to a grown person is a process of increasing order. Do these processes violate the second law of thermodynamics? No, they do not. In the processes of evolution and growth, and even during the mature life of an individual, waste products are eliminated. These small molecules that remain as a result of metabolism are simple molecules without much order. Thus they represent relatively higher disorder or entropy. Indeed, the total entropy of the molecules cast aside by organisms during the processes of evolution and growth is greater than the decrease in entropy associated with the order of the growing individual or evolving species.

Another aspect of the second law of thermodynamics is that it tells us in which direction processes go. If you were to see a film being run backward, you would undoubtedly be able to tell that it was run backward. For you would see odd occurrences, such as a broken coffee cup rising from the floor and reassembling on a table, or a torn balloon suddenly becoming whole again and filled with air. We know these things don't happen in real life; they are processes in which order increases—or entropy decreases. They violate the second law of thermodynamics. When watching a movie (or imagining that time could go backward), we are tipped off to a reversal of time by observing whether entropy (and disorder) is increasing or decreasing. Hence, entropy has been called **time's arrow**, for it can tell us in which direction time is going.

